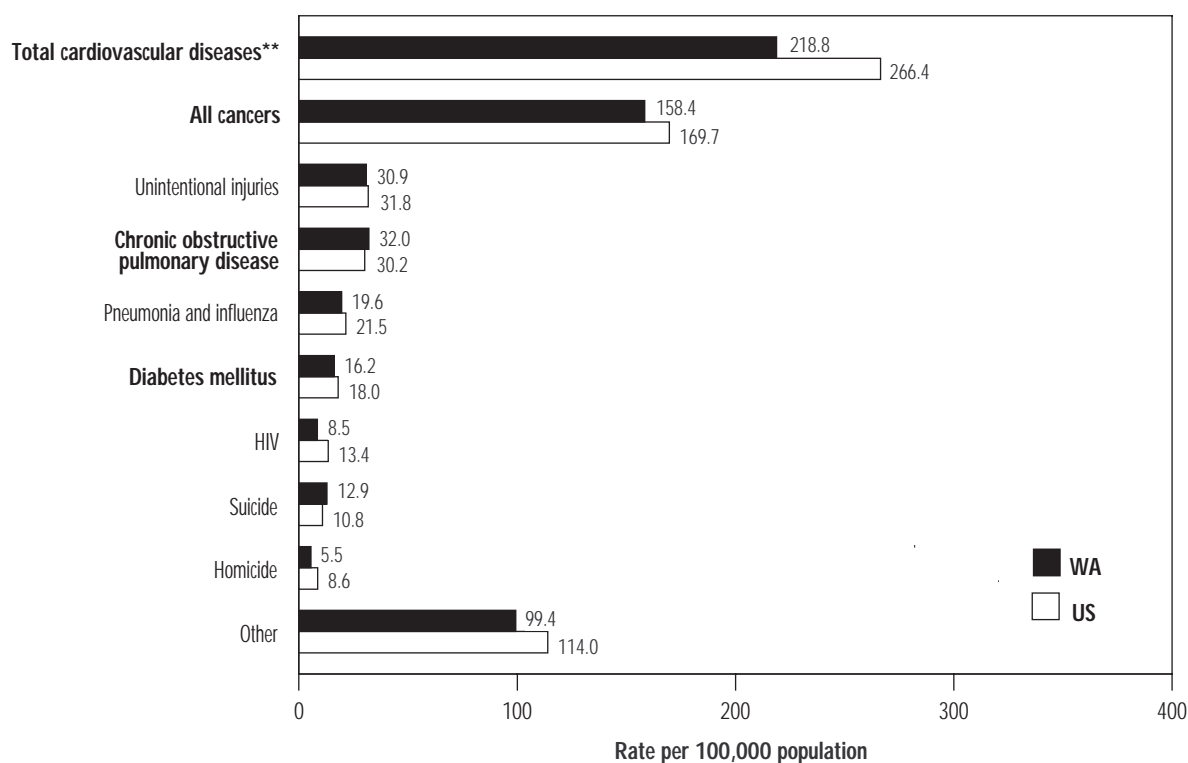


Washington: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Washington, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is sixth.
- In 1995, 71% of all deaths in Washington were due to the four most common chronic disease causes of death.
- The death rate for chronic obstructive pulmonary disease was higher in Washington than in the United States; the death rates for total cardiovascular diseases, all cancers, and diabetes were lower.

Causes of Death, Washington Compared With United States, 1995*



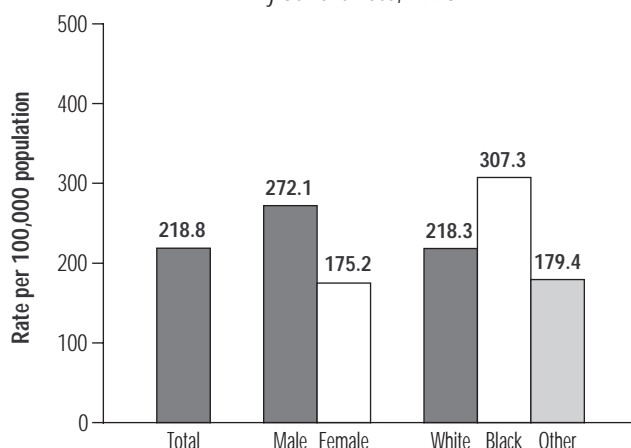
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (96.2 per 100,000 in Washington and 135.2 per 100,000 in the United States) and rates of death due to stroke (43.8 per 100,000 in Washington and 42.5 per 100,000 in the United States).

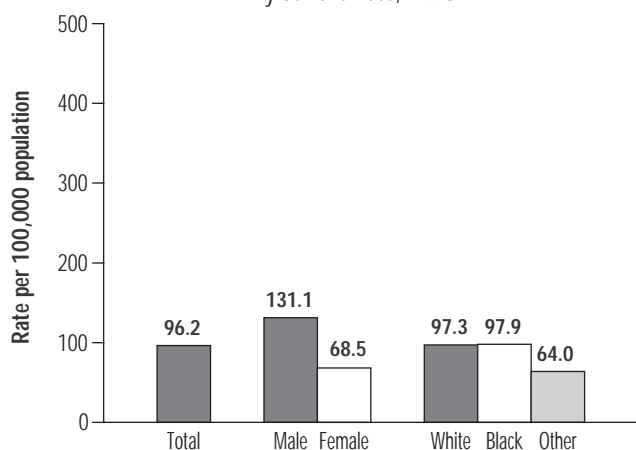
Washington: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Washington, accounting for 36% of all deaths.
- Ischemic heart disease accounted for 44% of all cardiovascular disease deaths in Washington in 1995; 6,764 people in Washington died of ischemic heart disease.
- In 1995, 3,294 people in Washington died of stroke.

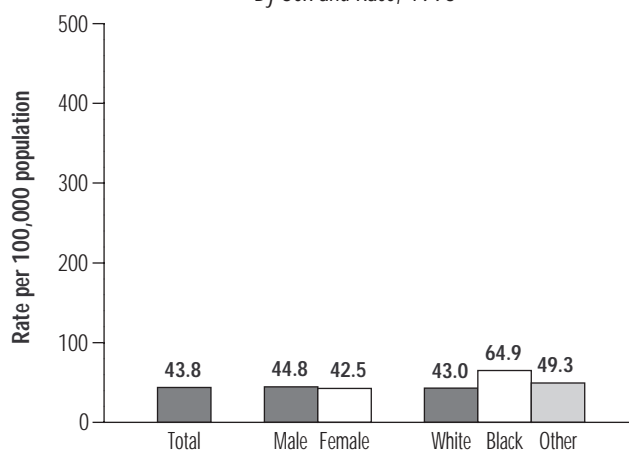
Washington: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



Washington: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



Washington: Stroke Death Rates
By Sex and Race, 1995



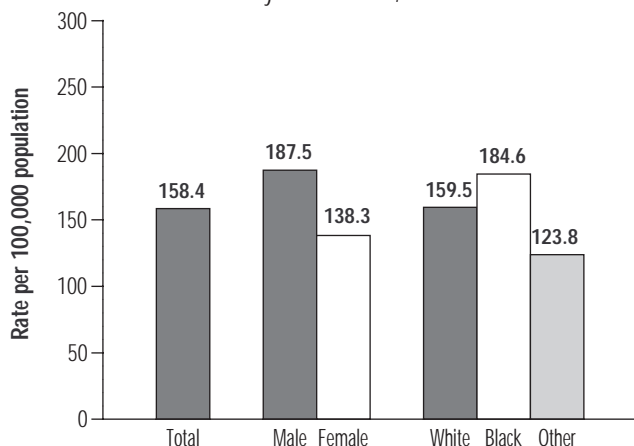
Note: All data are age adjusted, 1970 total U.S. population.

Washington: Cancer

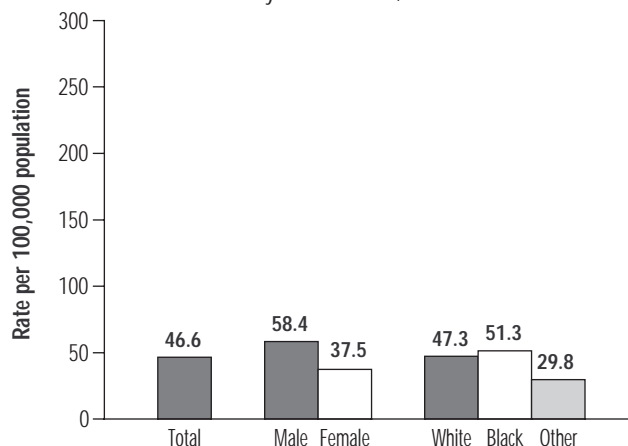
- Cancer accounted for 26% of all deaths in Washington in 1995; 9,938 people in Washington died of cancer.
- In Washington in 1995, 2,824 people died of lung cancer, 977 people died of colorectal cancer, and 812 women died of breast cancer.

- The American Cancer Society estimates that 3,600 new cases of lung cancer, 2,200 new cases of colorectal cancer, and 3,500 new cases of breast cancer will be diagnosed in Washington in 1997.

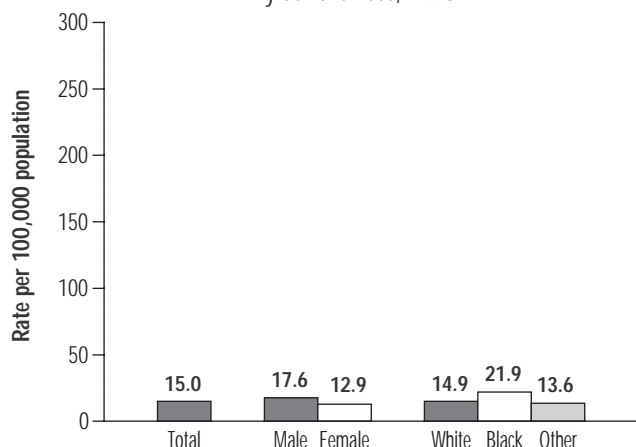
Washington: All Cancer Death Rates
By Sex and Race, 1995



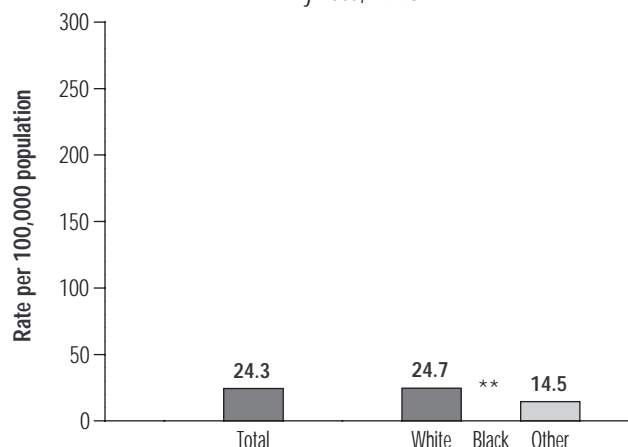
Washington: Lung Cancer Death Rates
By Sex and Race, 1995



Washington: Colorectal Cancer Death Rates
By Sex and Race, 1995



Washington: Breast Cancer Death Rates Among Women
By Race, 1995

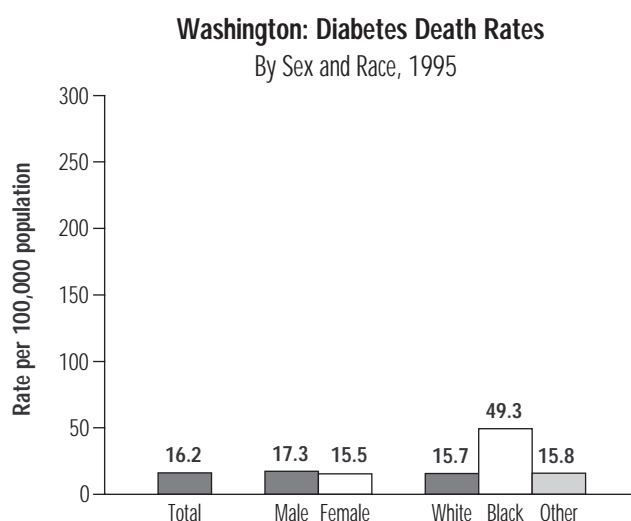


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Washington: Diabetes

- In 1994, 133,787 adults in Washington had diagnosed diabetes.
- Diabetes was the underlying cause of 1,052 deaths in Washington in 1995.
- In 1993, diabetes was the most common contributing cause of 285 new cases of end-stage kidney disease in Washington.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

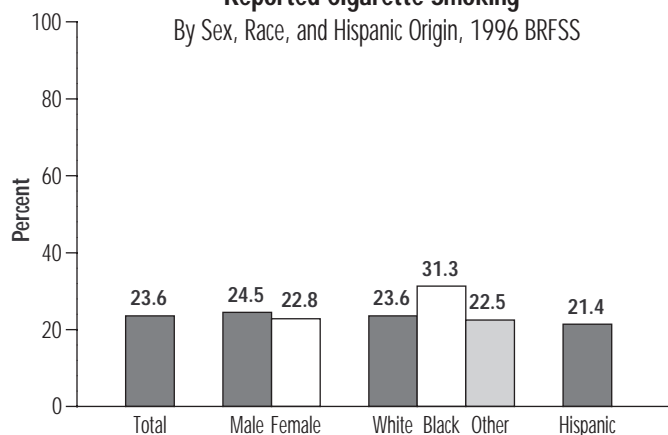


Note: All data are age adjusted, 1970 total U.S. population.

Washington: Risk Factors

Washington: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

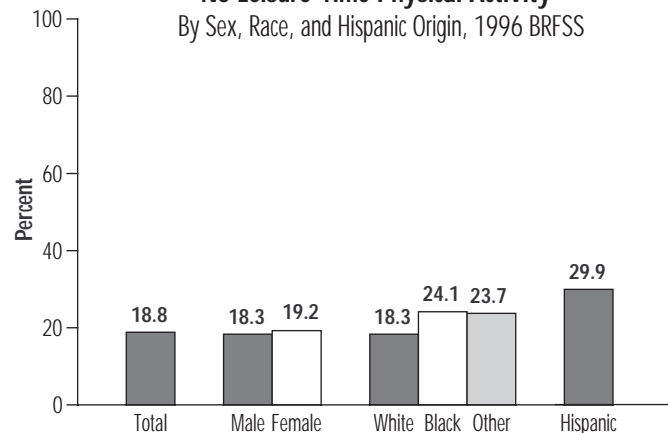
Washington: Percentage of High School Students Who Reported Cigarette Smoking

By Sex, 1995 YRBSS

YRBSS data not available

Washington: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

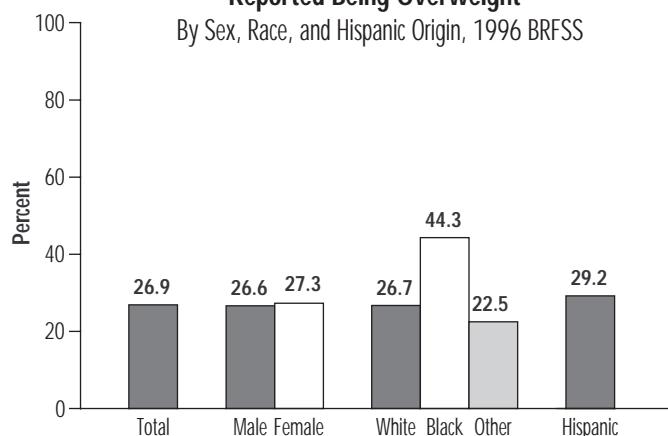
Washington: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

Washington: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



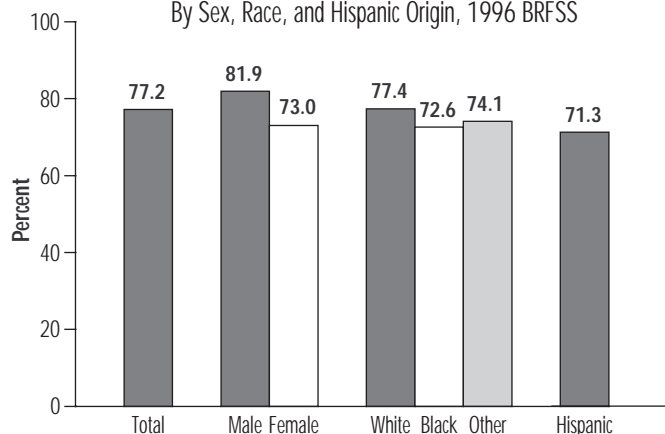
*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Washington: Risk Factors

Washington: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Washington: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

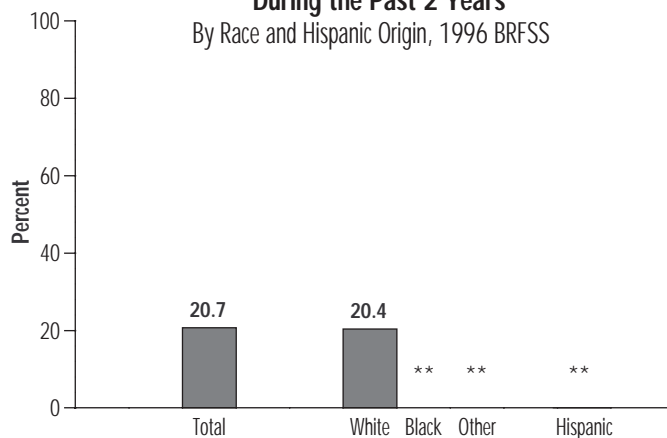
By Sex, 1995 YRBSS

YRBSS data not available

Washington: Preventive Services

Washington: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

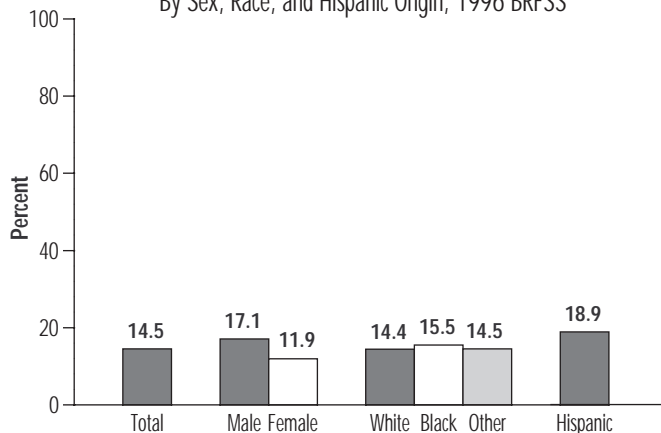
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Washington: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.